

OADBY HILL WALKING CLUB NEWSLETTER



September 2025

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Club Announcements

OHWC WhatsApp Group

For the last couple of years, the OHWC has had an OHWC WhatsApp group chat for all club members. Some basic ground rules are:

- No politics or campaigning
- Keep it light and friendly. No bad language.
- Keep it on theme, i.e., OHWC matters, hill walking, trekking, climbing, mountaineering etc
- Please continue to book coach places on ohwcmal@gmail.com. Do not try to book using WhatsApp
- Selectively share photos, please don't swamp the group with all your holiday snaps !!

Club members who want to join this WhatsApp group but aren't yet part of it can email their name and mobile number to ohwcmal@gmail.com to be added.

Walking Routes

Can all club members look at the walking routes available [here](#) prior to joining each month's coach trip, so the walk list can be passed round the coach more efficiently please. Each month's walk routes are put up on the club website in the week before the monthly walk.

Walking Boots

Club members are reminded that when joining club walks, they must wear walking boots with ankle support. The only exception to this rule is if club members have a valid medical reason for not wearing boots with ankle support.

Medical ID App for iPhone and Android mobiles

We all know that accidents will never happen, unfortunately sometimes they do!

If you have an accident the first person to help you will probably be a friend / walk leader, a passer-by or maybe someone from Mountain Rescue. To help the first responder it is useful if they have some knowledge of your medical background. Are you diabetic? What is your blood group? Do you have any allergies? Do you have a pacemaker? Are you on medication?

Answers to all these and more can be placed on your digital Medical I.D. and stored on your phone. In the event of an emergency, it can save time. Medical ID. is available as soon as your phone is switched on – there is no need to know any security codes. You can store any information you wish such as store your blood group, medications, NHS number, emergency contact and details of your GP's surgery.

iPhone Set-up

On an Apple iPhone, the Medical ID. is within the 'Health' app (a white square with a red heart on it). Details on how to set up your Medical ID on an iPhone can be found [here](#).

Android Set-up

For Android or Google phones, Medical ID can be set up [here](#).

September's Local Mid-Month Walk

Langton Caudle: Sunday 14th September– with Colin New

Colin New has volunteered to lead a mid-month walk up Langton Caudle near Market Harborough. Langton Caudle is the 16800th highest peak in the British Isles and the 3446th tallest in England

He proposes that club members meet at 9.30 am on the track at the bottom of the Langton Caudle (see red ring on OS map to the right) and you can also park on this track. Parking is also available in the hamlet of Stanton Wyville on the other side of Cranoe Road. Car access to the track is from Cranoe Road.

Colin will wear high vis to help club members identify the correct meeting place. Please bring a snack and drink as the walk is 9 miles.



Colin's proposed route is to head up the hill and enjoy the great views while passing the trig point. Before continuing down to Welham Village. Here the pub offers hot and cold drinks and toilets

There will be a short break at the pub before heading on to Cranoe along a quiet Lane with wide verges. On passing a small church the walk will climb up to a hilltop and see the low ground of the Welland Valley below. Then continuing the walk to Glooston and walking along the old Roman Road. From here, Colin's route will take you to Stanton Wyville before heading back to the walk start point and your vehicles.

Any club members interested in joining Colin on this mid-month walk, please contact him on 07939 076486.

September's Walk Report, by Colin New

Hope, Peak District, Sunday 7th September 2025

The bus was waiting when I got to Oadby; nice, modern, clean, and comfortable. The driver was very friendly and helpful. The journey, uneventful.

I joined John's walk of 9.5 miles which turned out to be 10.5 miles but with slightly less ascent than advertised.





We set off into the Dales Nature Reserve and soon took a little detour to trig point at the top of Warlow Hay Cop and some rather bemused Belted Galloway cattle. Onward to a position overlooking Cressbrook Dale, seemingly a river valley that had lost its river. A lovely scenic spot for our coffee/brunch break.

We then descended into and walked through the valley past an odd geological feature, Peter's Stone. We crossed the road at the Three Stag Heads pub which, rather charmingly, has three stag head skulls attached to the outside. From there across Stanley Moor into Great Hucklow where the weathermen's promise of rain came to fruition. We managed to find some shelter in the woods there for our lunch break and a struggle to put on more waterproof clothing.

From there, the rain eased off and we went round the top of the valley of Bretton Brook with some spectacular and slightly dangerous views. Then across Abney Moor with its fading heather colours and then a long steep descent into Brough and the footpath along the Hope Valley into Hope and a well-deserved cup of tea.



Again, the other walkers, members and guests, were all very friendly and chatty. No one joining an OHWC walk on their own would feel lonely.

Overall, an excellent if very tiring experience. To the organisers, a heartfelt "thank you".

Patterdale Lake District Trip 2026

It has come to the club's attention that our normal accommodation, the Patterdale Hotel, is up for sale. Because of this, the club committee feels that it is possible there may be changes to the price structure there for accommodation.

To that end, our club Chair, Martin Beckett would like to hear from club members, their thoughts on where to stay, either in the Lake District, or elsewhere in England or Wales. Please get in contact him either through the club email ohwcmil@gmail.com or via his mobile 07748 674223.

October's Monthly Walk: Tideswell, Derbyshire

Sunday 5th October 2025

Coach departs: Oadby Central Car Park (adjacent to the Trinity Methodist Church) at **8.00am sharp.**

Please note: The coach will leave the pub at **5.30pm.**

Coach Route:

M1 north to Jct 24, A50, A515 to Brierlow Bar, A5270 east to A6, B6049 to Tideswell

Boot stop: Ashbourne

Pub: Horse & Jockey, Tideswell

Map: [OS Explorer OL24: 1:25000](#) OS Map of The Peak District - White Peak Area



Walk Leaders:

- K. Millard (long)
- M. Beckett
- K. Pochin
- C. Gwinnet
- M. Wilcox (short)

Booking Trips: When booking onto monthly and mid-month walks, please **only** use the club email rather than phone, text or word of mouth.

Coach Fare: Preferably by BACS to the bank details given at the end of this Newsletter.

From November 1st, 2024, the Coach fare has increased to the following amount per person:

- | | |
|--------------------------|------------|
| • Adult Members | £18 |
| • Guests | £20 |
| • Junior/Student Members | £12 |

Cancellations - members and guests

- Cancellations up to Tuesday Midnight before the Sunday walk - no penalty.

- Cancellations thereafter - the full cost of the bus fare is due.

Prospective Walkers

If you have not put your name down on the last coach trip, please contact ohwcmal@gmail.com to book a seat on the bus this month, prior to making a payment. You will receive a reply confirming the availability or otherwise of a seat. Please note that it is first come first served.

If you delay booking, you may not get a seat. Please do not turn up without booking and receiving confirmation that you have a place.

You must book a place on the coach in advance, or you may not be allowed to go on as it picks up at various places on the ring road members who have already booked a seat.

If you wish to be picked up from other places than Oadby Car Park, please mention where at time of booking and please be aware that very occasionally another Orbit coach may go past before ours arrives.

Walk Reminder

Please make sure that you carry your completed Club Safety Form in the top pocket of your rucksack - it could help you in a difficult situation. N.B. Don't forget to keep the form up to date. The form is available on the Club Website [here](#).

Walk Route Map

Please go onto the News section of the Club website [here](#) a few days before the monthly walk, to see a map showing the walk routes. Hopefully, this will speed up selecting your walk when signing up on the coach. The club has four OS maps available for Walk Leaders to use when leading walks.

Boot/Toilet Stop

Members are urged to keep the time taken at the boot stop to a minimum. At the end of the walk members should change their footwear and place dirty boots and rucksacks in the luggage locker before getting onto the coach, thus avoiding any congestion and mud in the coach.

Please do not wear dirty boots on the coach.

Those getting off the coach at Fosse Park and the Ring Road may alternatively put your dirty kit into a plastic bag and then take it onto the coach; thus, negating having to search for your gear in the bus luggage lockers.

Essential Wear

Members and guests must be suitably equipped. As a minimum this must include:

- Suitable waterproof walking boots that have adequate ankle support
- Waterproof coat and over-trousers
- Warm clothing
- An appropriate rucksack.
- Food and drink for the whole day
- For winter walking, all members are to carry a serviceable head torch in their rucksacks.
- A First Aid Kit is recommended

N.B. Jeans and trainers/sandals are NOT suitable. If you are not properly equipped for hillwalking, you may not be able to participate. Only Registered Assistance Dogs are allowed on club walks, except on mid-month walks at the discretion of the Walk Leader.

Cotswold Outdoors Discount Card for Club Members

Once again, Cotswold Outdoors has allowed all Club members to apply for a Discount Card. This discount is for the personal use of club members only and must not be shared with others.

Club members benefit from:

- 15% discount in-store and online,
- Expertise, advice and guidance,
- Sustainability services,
- Explore More membership.

OHWC discount

OHWC Club Members will receive a 15% discount on full-priced items (excludes electronics and selected lines) both in-store and online with Cotswold Outdoor, Runners Need and Snow+Rock. The code to use is **AF-RAMBLERS-W9C**.

This discount is strictly for personal use only and must not be shared with non-club members. Cotswold Outdoors reserve the right to amend or cancel it with immediate effect if they find this code has been leaked to unauthorised persons in any way.

Explore More

Club members will need to sign up for their free Explore More benefits scheme to use the discount. This comes with its own benefits such as a 3-year extended warranty, a 100-day returns policy, Price Match Promise and much more! Members can sign up through any of the following brands:

- [Cotswold Outdoor](#)
- [Runners Need](#)
- [Snow+Rock](#)

Expertise, advice and guidance

The best way to tap into their outdoor expertise is for Club Members to book an in-store appointment at Cotswold Outdoor, Runners Need or Snow+Rock. This ensures one of our store specialists is on hand to help you get the best kit for your adventure.

Alternatively, Cotswold Outdoor has a whole host of blogs online in our Advice & Inspiration areas. These include kit guides, itinerary ideas, inspirational stories and suggestions on how to be more sustainable. You can find these below:

- [Cotswold Outdoor](#)
- [Runners Need](#)
- [Snow+Rock](#)

Sustainability Services

For us the outdoors is everything, and across our three brands, we do everything we can to look after it for generations to come.

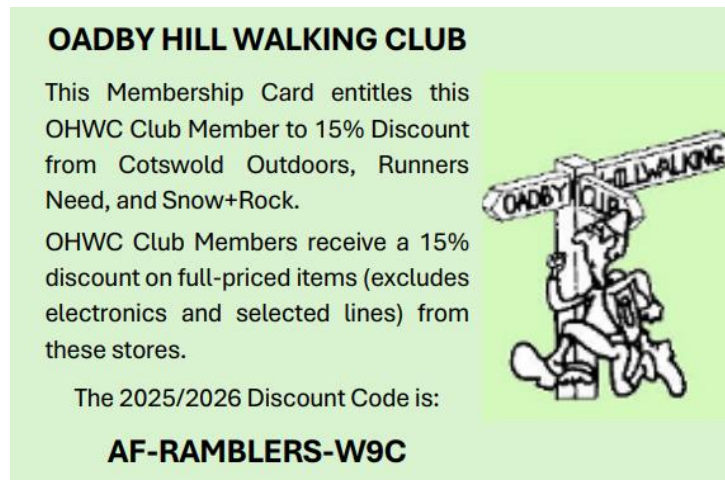
As a company, Cotswold Outdoors are working to become more sustainable, and they want to help their customers do their bit too. The services they offer to help with this are available across all their stores:

- [Make The Right Choice](#)
- [Care and Proofing](#)
- [Recycle My Gear](#)
- [Recycle My Run](#)
- [Our planet](#)

Cotswold Outdoors Discount Card

This year, Cotswold Outdoor, Runners Need and Snow+Rock have requested that OHWC Club members provide some sort of Club Membership Card to receive their discount. To that end, the club committee have decided to produce a Membership Card for club members to use if they want to take advantage of the discount offered.

Please print off this page and cut out the Card illustrated below. Please note that last month's Newsletter inadvertently displayed the wrong discount. This years discount is 15%.



Meetings

Unless otherwise stated in this Newsletter or via email, monthly club meetings are held on the Wednesday following the Sunday coach walk at the Wigston Conservative Club, 38 Long Street, Wigston, Leicester, LE18 2AH at 7.30pm.

All OHWC club members are welcome.

Safeguarding

Safeguarding means protecting people's health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect. It's fundamental to high-quality health and social care.

The OHWC Safeguarding Policy and Guidance document is on the club website at <http://oadbyhwc.com/safeguarding>.

If anyone has any safeguarding concerns that potentially involve the club, club activities, or club members, they can report in confidence by email, any safeguarding concerns to the club at OHWCsafeguarding@gmail.com.

Club Media and Bank Details

Website	http://oadbyhwc.com/
Email	ohwcmail@gmail.com
Safeguarding Email	OHWCsafeguarding@gmail.com
Facebook	Oadby Hillwalking Club group
Instagram	Oadby Hillwalking Club
Bank Details	Barclays Bank
Account Name	OHWC
Account Number	50124990 Please quote surname and month of walk (i.e., Smith July)
Sort code	20-49-08

OHWC Committee 2024 – 2025

Chair	Martin Beckett	07748 674223
Treasurer	Martin Beckett	07748 674223
Club Secretary	Ann Branson	07726 334583
Membership Secretary	Mike Hewitt	07484 731419
Walks Coordinator	Adam Wakley	07720 328700
Social Events & Media	Elaine Akers	07930 122030
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