

OADBY HILL WALKING CLUB NEWSLETTER



October 2025

Table of Contents

Club Announcements	2
Winter Walking	2
OHWC WhatsApp Group	2
Walking Routes	2
Walking Boots	2
John Bastow	2
Almoner's Report	2
September's Local Mid-Month Walk	3
October's Walk Report, by Richard Hough	3
Patterdale Lake District Trip 2026	5
November's Monthly Walk: Cheddleton, Derbyshire	5
Coach departs	5
Coach Route	5
Boot stop	5
Pub	5
Map	5
Booking Trips	5
Coach Fare	5
Cancellations - members and guests	6
Prospective Walkers	6
Walk Route Map	6
Boot/Toilet Stop	6
Essential Wear	6
Cotswold Outdoors Discount Card for Club Members	7
OHWC discount	7
Cotswold Outdoors Discount Card	8
Meetings	8
Safeguarding	8
Club Media and Bank Details	9
OHWC Committee 2024 – 2025	9

Club Announcements

Winter Walking

All club members please note that we are now in the winter phase of our club's walking calendar. On our monthly coach trip, the coach will leave the pub at 5pm sharp.

OHWC WhatsApp Group

For the last couple of years, the OHWC has had an OHWC WhatsApp group chat for all club members. Some basic ground rules are:

- No politics or campaigning
- Keep it light and friendly. No bad language.
- Keep it on theme, i.e., OHWC matters, hill walking, trekking, climbing, mountaineering etc
- Please continue to book coach places on ohwcmal@gmail.com. Do not try to book using WhatsApp
- Selectively share photos, please don't swamp the group with all your holiday snaps !!

Club members who want to join this WhatsApp group but aren't yet part of it can email their name and mobile number to ohwcmal@gmail.com to be added.

Walking Routes

Can all club members look at the walking routes available [here](#) prior to joining each month's coach trip, so the walk list can be passed round the coach more efficiently please. Each month's walk routes are put up on the club website in the week before the monthly walk.

Walking Boots

Club members are reminded that when joining club walks, they must wear walking boots with ankle support. The only exception to this rule is if club members have a valid medical reason for not wearing boots with ankle support.

John Bastow

Club members are hopefully aware that John has decided to hang up his boots and not lead any OHWC club walks from now on. John will still be walking regularly with the club and will no doubt be on hand to give his sage advice when and where needed. The committee would like to extend our gratitude and thanks to John for the many years of service he has committed to the OHWC.

Almoner's Report

The Committee has received some very sad news regarding Andy McQuaid. As club members are hopefully aware, Andy has not been on any walks in recent months. This is due to Andy being unfortunately diagnosed with Motor Neurone Disease.

Andy has told the club that due to his diagnosis, and the symptoms it presents, it is very unlikely that he will be fit enough to walk with us again.

He wants to thank all club members for the happy memories he's got from walking with the club and for the card that the OHWC have sent him.

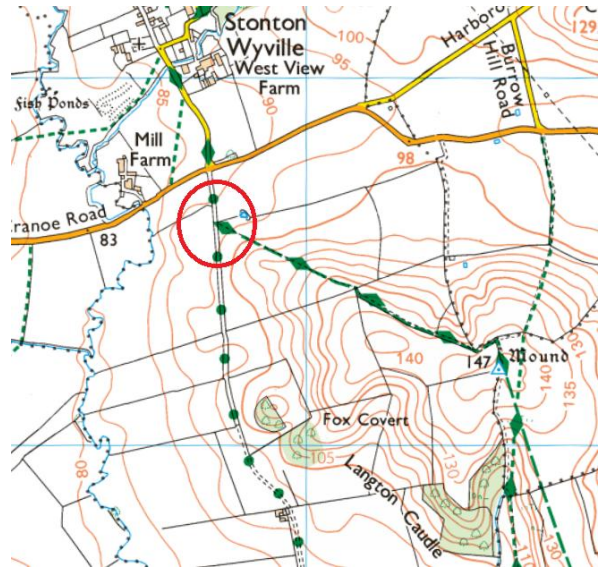
September's Local Mid-Month Walk

Langton Caudle: Sunday 19th October – with Colin New

Colin New has volunteered to lead a mid-month walk up Langton Caudle near Market Harborough. Langton Caudle is the 16800th highest peak in the British Isles and the 3446th tallest in England

He proposes that club members meet at 9.30 am on the track at the bottom of the Langton Caudle (see red ring on OS map to the right) and you can also park on this track. Parking is also available in the hamlet of Stanton Wyville on the other side of Cranoe Road. Car access to the track is from Cranoe Road.

Colin will wear high vis to help club members identify the correct meeting place. Please bring a snack and drink as the walk is 9 miles.



Colin's proposed route is to head up the hill and enjoy the great views while passing the trig point. Before continuing down to Welham Village. Here the pub offers hot and cold drinks and toilets

There will be a short break at the pub before heading on to Cranoe along a quiet Lane with wide verges. On passing a small church the walk will climb up to a hilltop and see the low ground of the Welland Valley below. Then continuing the walk to Glooston and walking along the old Roman Road. From here, Colin's route will take you to Stanton Wyville before heading back to the walk start point and your vehicles.

Any club members interested in joining Colin on this mid-month walk, please contact him on 07939 076486.

October's Walk Report, by Richard Hough

Tideswell, Derbyshire, Sunday 5th October 2025

Just after the boot stop at Ashbourne, the coach was soon stopping at Newhaven to drop us off for Catherine's Walk.

As walk leader she gained some brownie points setting off up the High Peak Trail with a strong tail wind. After a few miles we reached Parsley Hay for toilets and coffee, more bonus points.

Eventually we turned off the gravel path and started to cross lovely white peak country of fields and dry-stone walls.





Thanks goes to Martin for his message to Catherine about a field of frisky bullocks, which were on our route, and they had already encountered. A short road diversion took us safely past and onto the metropolis of Flagg. After a short coffee break we sent off towards our lunch stop at Taddington.

Just before lunch we passed a cow which had just given birth. I thought calves were normally born in the spring, perhaps this was an unplanned pregnancy. There was no sign of the father, a vet or the farmer. But mother and calf appeared to be bonding well.

On arriving at Taddington for our lunch we were promised a nice circular bench around a tree in the church yard. Unfortunately, the bench had been removed so we had to make do.

After comparing our sandwich fillings, we set off towards Millers Dale.



The descent into Millers Dale was not too difficult and we crossed the Monsal Trail, upon which Galar is planning a cycling expedition at some point in the future. Monks Dale is a hidden world of moss and lichen. Fallen trees had been cleared from the path, which was very slippery rocky limestone.

After slow and steady progress, everybody got through the dale safely with some members of the group making a note not to return until a smooth path has been laid.



Catherine's route was varied and enjoyable with sunshine and showers, a strong tail wind brought us into Tideswell in good time and ready for a drink in the Horse and Jockey. An open fire and a nice pint of beer ended a very enjoyable day.

Thank you to Catherine for leading and route planning and Martin for the tip off about the bullocks.



Patterdale Lake District Trip 2026

It has come to the club's attention that our normal accommodation, the Patterdale Hotel, is up for sale. Because of this, the club committee feels that it is possible there may be changes to the price structure there for accommodation.

To that end, our club Chair, Martin Beckett would like to hear from club members, their thoughts on where to stay, either in the Lake District, or elsewhere in England or Wales. Please get in contact him either through the club email ohwcmil@gmail.com or via his mobile 07748 674223.

November's Monthly Walk: Cheddleton, Derbyshire

Sunday 2nd November 2025

Coach departs: Oadby Central Car Park (adjacent to the Trinity Methodist Church) at **8.00am sharp**.

Please note: The coach will leave the pub at **5.00pm**.

Coach Route: M1 north to Jct 24, A50, A515 to Brierlow Bar, A5270 east to A6, B6049 to Cheddleton

Boot stop: Ashbourne

Pub: Black Lion, Cheddleton

Map: [OS Explorer OL24: 1:25000](#) OS Map of The Peak District - White Peak Area



Walk Leaders:

- G. McPhail (long)
- B. Stirrup
- A. Wakley
- M. & A. Beckett
- K. Pochin (short)

Booking Trips: When booking onto monthly and mid-month walks, please **only** use the club email rather than phone, text or word of mouth.

Coach Fare: Preferably by BACS to the bank details given at the end of this Newsletter.

From November 1st, 2024, the Coach fare has increased to the following amount per person:

- | | |
|--------------------------|------------|
| • Adult Members | £18 |
| • Guests | £20 |
| • Junior/Student Members | £12 |

Cancellations - members and guests

- Cancellations up to Tuesday Midnight before the Sunday walk - no penalty.
- Cancellations thereafter - the full cost of the bus fare is due.

Prospective Walkers

If you have not put your name down on the last coach trip, please contact ohwcmail@gmail.com to book a seat on the bus this month, prior to making a payment. You will receive a reply confirming the availability or otherwise of a seat. Please note that it is first come first served.

If you delay booking, you may not get a seat. Please do not turn up without booking and receiving confirmation that you have a place.

You must book a place on the coach in advance, or you may not be allowed to go on as it picks up at various places on the ring road members who have already booked a seat.

If you wish to be picked up from other places than Oadby Car Park, please mention where at time of booking and please be aware that very occasionally another Orbit coach may go past before ours arrives.

Walk Reminder

Please make sure that you carry your completed Club Safety Form in the top pocket of your rucksack - it could help you in a difficult situation. N.B. Don't forget to keep the form up to date. The form is available on the Club Website [here](#).

Walk Route Map

Please go onto the News section of the Club website [here](#) a few days before the monthly walk, to see a map showing the walk routes. Hopefully, this will speed up selecting your walk when signing up on the coach. The club has four OS maps available for Walk Leaders to use when leading walks.

Boot/Toilet Stop

Members are urged to keep the time taken at the boot stop to a minimum. At the end of the walk members should change their footwear and place dirty boots and rucksacks in the luggage locker before getting onto the coach, thus avoiding any congestion and mud in the coach.

Please do not wear dirty boots on the coach.

Those getting off the coach at Fosse Park and the Ring Road may alternatively put your dirty kit into a plastic bag and then take it onto the coach; thus, negating having to search for your gear in the bus luggage lockers.

Essential Wear

Members and guests must be suitably equipped. As a minimum this must include:

- Suitable waterproof walking boots that have adequate ankle support
- Waterproof coat and over-trousers
- Warm clothing
- An appropriate rucksack.
- Food and drink for the whole day
- For winter walking, all members are to carry a serviceable head torch in their rucksacks.
- A First Aid Kit is recommended

N.B. Jeans and trainers/sandals are NOT suitable. If you are not properly equipped for hillwalking, you may not be able to participate. Only Registered Assistance Dogs are allowed on club walks, except on mid-month walks at the discretion of the Walk Leader.

Cotswold Outdoors Discount Card for Club Members

Once again, Cotswold Outdoors has allowed all Club members to apply for a Discount Card. This discount is for the personal use of club members only and must not be shared with others.

Club members benefit from:

- 15% discount in-store and online,
- Expertise, advice and guidance,
- Sustainability services,
- Explore More membership.

OHWC discount

OHWC Club Members will receive a 15% discount on full-priced items (excludes electronics and selected lines) both in-store and online with Cotswold Outdoor, Runners Need and Snow+Rock. The code to use is **AF-RAMBLERS-W9C**.

This discount is strictly for personal use only and must not be shared with non-club members. Cotswold Outdoors reserve the right to amend or cancel it with immediate effect if they find this code has been leaked to unauthorised persons in any way.

Explore More

Club members will need to sign up for their free Explore More benefits scheme to use the discount. This comes with its own benefits such as a 3-year extended warranty, a 100-day returns policy, Price Match Promise and much more! Members can sign up through any of the following brands:

- [Cotswold Outdoor](#)
- [Runners Need](#)
- [Snow+Rock](#)

Expertise, advice and guidance

The best way to tap into their outdoor expertise is for Club Members to book an in-store appointment at Cotswold Outdoor, Runners Need or Snow+Rock. This ensures one of our store specialists is on hand to help you get the best kit for your adventure.

Alternatively, Cotswold Indoor has a whole host of blogs online in our Advice & Inspiration areas. These include kit guides, itinerary ideas, inspirational stories and suggestions on how to be more sustainable. You can find these below:

- [Cotswold Outdoor](#)
- [Runners Need](#)
- [Snow+Rock](#)

Sustainability Services

For us the outdoors is everything, and across our three brands, we do everything we can to look after it for generations to come.

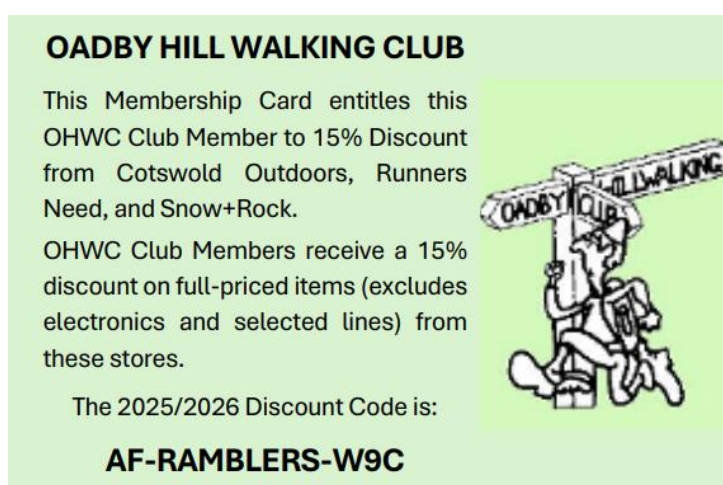
As a company, Cotswold Outdoors are working to become more sustainable, and they want to help their customers do their bit too. The services they offer to help with this are available across all their stores:

- [Make The Right Choice](#)
- [Care and Proofing](#)
- [Recycle My Gear](#)
- [Recycle My Run](#)
- [Our planet](#)

Cotswold Outdoors Discount Card

This year, Cotswold Outdoor, Runners Need and Snow+Rock have requested that OHWC Club members provide some sort of Club Membership Card to receive their discount. To that end, the club committee have decided to produce a Membership Card for club members to use if they want to take advantage of the discount offered.

Please print off this page and cut out the Card illustrated below. Please note that last month's Newsletter inadvertently displayed the wrong discount. This year's discount is 15%.



Meetings

Unless otherwise stated in this Newsletter or via email, monthly club meetings are held on the Wednesday following the Sunday coach walk at the Wigston Conservative Club, 38 Long Street, Wigston, Leicester, LE18 2AH at 7.30pm.

All OHWC club members are welcome.

Safeguarding

Safeguarding means protecting people's health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect. It's fundamental to high-quality health and social care.

The OHWC Safeguarding Policy and Guidance document is on the club website at <http://oadbyhwc.com/safeguarding>.

If anyone has any safeguarding concerns that potentially involve the club, club activities, or club members, they can report in confidence by email, any safeguarding concerns to the club at OHWCsafeguarding@gmail.com.

Club Media and Bank Details

Website	http://oadbyhwc.com/
Email	ohwcmail@gmail.com
Safeguarding Email	OHWCsafeguarding@gmail.com
Facebook	Oadby Hillwalking Club group
Instagram	Oadby Hillwalking Club
Bank Details	Barclays Bank
Account Name	OHWC
Account Number	50124990 Please quote surname and month of walk (i.e., Smith July)
Sort code	20-49-08

OHWC Committee 2024 – 2025

Chair	Martin Beckett	07748 674223
Treasurer	Martin Beckett	07748 674223
Club Secretary	Ann Branson	07726 334583
Membership Secretary	Mike Hewitt	07484 731419
Walks Coordinator	Adam Wakley	07720 328700
Social Events & Media	Elaine Akers	07930 122030
Newsletter Editor	Tim Akers	07855 969183